# What Urgent Conditions\* I can see a Registered Nurse for at CRMC?

- 1. Acne
- 2. Allergic Reactions
- 3. Atopic Dermatitis (Eczema)
- 4. Cold Sores
- 5. Conjunctivitis: Bacterial, Viral and Allergic
- 6. Diaper Dermatitis, (Candida)
- 7. Dysmenorrhea
- 8. Emergency & Hormonal Contraception
- 9. Erectile Dysfunction
- 10. Gastroesophageal Reflux Disease (GERD)
- 11. Gout
- 12. Headaches and Migraine
- 13. Hemorrhoids
- 14. Influenza
- 15. Insect Bites
- 16. Musculoskeletal Issues
- 17. Obesity
- 18. Onychomycosis
- 19. Oral Aphthous Ulcers (Canker Sores)
- 20. Oral Thrush (Oral Candida)
- 21. Otitis
- 22. Respiratory infections (all)
- 23. Sexually Transmitted Diseases
- 24. Shingles
- 25. Superficial Bacterial Skin Infections
- 26. Fungal Infections
- 27. Tobacco-Cessation
- 28. Urinary Tract Infection (Cystitis)

\* The definition of urgent condition is based on the condition is based on the CRMC's Traffic Light System to reduce waiting times and streamline access to medical services. This leaflet was produced by CRMC in compliance with the Alberta Health professions Act (2000) and with all the regulations from the CRNA, guided by the intention to aide in the expansion of the nursing profession and its increased utilization in the primary care setting.

## References

Alberta Government Organization Act, R.S.A. 2000, G-10.

College of Registered Nurses of Alberta (2008) "Primary Health Care". Edmonton, Canada.

College of Registered Nurses of Alberta (2023) "Scope of Practice for Registered Nurses". Edmonton, Canada.

Health Professions Act, R.S.A. 2000, c. H-7.



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The College of Registered Nurses of Alberta (CRNA), in the Scope of Practice for Registered Nurses (2023), states that the scope of practice of Registered Nurses is determined by the client needs, competence of the RN, employer requirements, and the practice environment. Furthermore, it reaffirms that the legislative boundaries of the scope of practice, under the Alberta Health Act (2000), is purposefully broad to answer to the needs of the client in different environments.



# What Services Are offered by the RN Prescriber at CRMC?

RN Prescribers will be able to Standard RN appointments see patients on the same or take around 30 minutes or next day, depending on the less, availability of slots on the system for the diagnoses and treatment of most ailments and injuries that require urgent attention, and will be able to release prescriptions, and requisitions for test.

# How does it work?

A highly trained Registered Nurse with postgraduate training in family or emergency medicine will be able to see you and follow a pre-set protocol of care, take your history and perform a medical exam exactly like any doctor would. After formulating a diagnosis, the nurse would either discuss the diagnosis with you according to a pre-set protocol or, in some special cases and when required, discuss your case with one of our physicians, and then, initiate or recommend a treatment. This will allow you to receive help with the same level of care as when delivered from a physician or nurse practitioner.



#### How long is a standard appointment in the RNled Walk-in?

## Is it Offered to All Patients coming to the clinic?

No. The RN will see only patients already registered with the clinic whose ailments fall under the red or the yellow codes when an MD or NP are not available.

### Is there a Service Fee for the RN-led Walkin?

This service is offered only to registered patients and there is no charge for it. RNs do not bill the government for their services, and work on an employed basis only.

# The Nurse Professional Profile



While technically any RN Prescriber with at least 750 hours of work experience at their clinic may be allowed to prescribe schedule-1 medications and request and interpret tests and investigations, only RN Prescribers who have completed the CRMC Internship for RN Prescribers in the Family Medicine setting may be able to work at our facilities. The internship is designed to equip RNs with the necessary skills and knowledge that will guarantee safety of practice, a solid and robust basis on which to build one's own practical advanced nursing experience, and uniformity of methods, including strict adherence to the legislation regulating RN Prescribers in Alberta. In addition, the internship offered by CRMC allows those who complete it successfully to transfer their RN Prescriber license to their final destination clinic without having to fulfill the 750 hours of RN clinical practice in the final destination facility.